

Frequently Asked Questions

Common Questions Women Ask About Hormone Replacement Therapy

Why are pellets better than patches, shots, creams or pills?

Pellets are pure hormones that are not metabolized into byproducts by going through the liver, stomach or skin. This delivery system allows your body to use the right amount of hormone from the pellet as the blood flow surrounding the pellets picks up what is needed.

Where do the pellets go?

Because pellets are pure hormone without fillers or synthetic ingredients, they completely dissolve.

How long will it take for my body to get back to lean normal?

That depends on your age, and how much you exercise and work out with weights. Testosterone decreases fat and increases muscle and lean body mass. Testosterone also increases your natural growth hormone and therefore will improve your stamina to work out and increase muscle mass.

Are there any side effects/and or complications with Hormone Replacement Therapy pellets?

There are fewer side effects with pellets than traditional hormone therapies.

How long will it take for the pellets to get into my system and work?

Usually between 24-72 hours. Optimal effect occurs three weeks after insertion.

How often will I need pellets?

Women usually need pelleted every 3-6 months.

I get horrible headaches -- will this help me?

Yes. We have had great success, especially with women who have menstrual migraines, and new migraines that appear after age 35.

Do I need to take other medication?

If you still have your uterus, you will need to be on natural progesterone as well.

Why do I need estrogen?

Estrogen is the most important hormone for a woman. It protects her against heart attack, stroke, osteoporosis, and Alzheimer's disease. It also keeps us looking young and healthy.

Why do I need testosterone?

Testosterone is the third female hormone and is as essential as estrogen and progesterone. We need this hormone to keep our thought process quick and our libido healthy. It improves bone density, muscle mass, strength and prevents some types of depression. It is also the source of energy and solid sleep!

Will I grow unwanted hair from testosterone?

There is less chance of excess hair growth with natural testosterone than with synthetic hormones. Facial hair will grow with testosterone pellets, but normally not worse than when you were in your thirties.

If you have additional questions, please give us a call at:



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