

## Testimonials

*"I was experiencing afternoon fatigue and not sleeping well. I had the lab work completed and was surprised that my testosterone level was low. So, I tried the BioTE® pellets and now I have more energy throughout the day. I'm no longer tired in the afternoon and I'm sleeping well."*

*The blood test is crucial. I would recommend anyone having my same symptoms find out where their levels are. If they are low, then this treatment will be worthwhile."*

- TK, 65 year old male, Big Sky, Montana

*"I experienced muscle aches and had chronic pain in my left knee before my BioTE® treatment. Plus, I never had more than 4 hours of sleep each night my entire adult life."*

*After just one round of treatment, my muscle aches and knee pain have subsided. And, I sleep for 6 or more hours at night. I also have improved concentration during meetings at work and conversations. This was an unexpected benefit!"*

- CN, 52 year old male, Fort Wayne, IN

*"At first, I was skeptical about this treatment. But my sexual performance and quality of sleep have improved after my first round of pellet insertion, so I am impressed. Thank you for recommending this therapy."*

- 57 year old male, Fort Wayne, IN

## Fort Wayne Physical Medicine

Fort Wayne Physical Medicine was started in 2000 by **Mark Reecer**, MD FAAPMR, with the goal of providing the best Physical Medicine, Pain Management and all-natural hormone replacement options in Northeast Indiana.



He has lectured extensively and has authored multiple publications that promote his specialty and the use of treatment modalities to eliminate pain, improve function and avoid surgery.

- Double Board Certified: Physical Medicine and Rehabilitation, Pain Management
- MD: Indiana University School of Medicine, Indianapolis, IN
- BA: Biology, Indiana University, Bloomington, IN
- Chief Resident: Ohio State University, Columbus, OH
- Voted Top Doc by his peers, Fort Wayne Business Journal
- BioTE® Certified Practitioner



**Julie C. Risley**, MS PA-C, is a Physician Assistant at Fort Wayne Physical Medicine.

- MS: University of St. Francis University, Fort Wayne, IN
- BS: Physician Assistant Studies, St. Francis University, Fort Wayne, IN
- BS: Kinesiology, Indiana University, Bloomington, IN
- BioTE® Certified Practitioner

## What MEN Need to Know About Hormone Replacement Therapy

Hormone Balance can  
be Restored with



an All-Natural  
Hormone  
Replacement Therapy

Offered Exclusively by:



Fort Wayne  
Physical Medicine

5750 Coventry Lane, Ste 101  
Fort Wayne, Indiana 46804  
260.436.9337 office  
260.436.9626 fax

[www.fortwaynephysicalmedicine.com](http://www.fortwaynephysicalmedicine.com)

## About BioTE®

Hormone balance is necessary for good health as you age. With BioTE® you can restore your hormone balance. Hormone replacement using pellet implants has been used with great success in the U.S., Europe and Australia since 1939.

Clinical studies during the past decade have proven the superiority of pellet therapy, and the remarkable impact it has had on the women who use it, without the side effects of synthetic drugs.

Hormone pellets are the only type of hormone replacement therapy that delivers balanced hormones 24 hours a day, 7 days a week for three to six months. Other delivery methods, like creams, patches and injections, cannot provide a steady delivery method of hormones 24/7.

For more information, go to:  
[www.bhrtvideos.com](http://www.bhrtvideos.com)

## BioTE® Certified

When considering pellet therapy, it's important to know that both Mark Reecer, MD, FAAPMR and Julie Risley, MS, PA-C have been trained by a BioTE® expert who studied hormone replacement therapy extensively, so you can be sure that your dose is appropriate for your specific needs.

## Pellet Therapy

Bio-identical hormones are plant-based compounds that have the same chemical structure as the hormones created naturally in the body. Delivered in the form of a pellet, they provide a constant hormone level for months at a time.



Pellet therapy uses bio-identical, all natural estrogen and testosterone, delivered by tiny pellets inserted just under the skin. The pellets are the storehouse of hormones which the body can access as needed. Pellets deliver a consistent level of hormone and outperforms oral, patch and cream prescriptions with fewer side effects.

## Getting Started

First, schedule an appointment for a consultation. At that time, you will be given a lab order form to have your hormone blood levels tested at a local lab.

Then, we will call you with your results. You will then make an appointment for the pellet procedure to be performed.

## Benefits

BioTE® has helped thousands of men achieve the natural balance of hormones their bodies need to maintain optimum well-being.

Some of the benefits men experience include:

- Enhancement of libido and/or increased sexual drive
- Increase in lean body mass and a decrease in body fat
- Increase in muscle weight, size and strength
- Greater capacity for getting in shape
- Enhanced energy levels
- Less fatigue
- Consistency in moods -- reduction in feelings of:
  - Anger
  - Nervousness
  - Irritability
- Increased mental clarity, focus and concentration
- Improved memory
- Increased sense of overall well-being
- Better quality of life

Side effects are rare, but may include decreased sperm count, decrease in testicular mass and possible prostate enlargement. These side effects occur much more frequently with the use of synthetic replacement therapy.