

Testimonials

“Before my BioTE® treatment, I hadn’t slept through the night for the past 4 years, so I went to have the initial lab work. I was shocked to learn that my testosterone level was “0” and my estrogen level came back “immeasurable”.

In just 11 days after my first pellet series, I sleep soundly throughout the night. I have more energy during the days. I also love that this is an all-natural product. I highly recommend this hormone replacement therapy!”

- LR, 50 year old female, Fort Wayne, IN

“I tried other natural hormone replacement therapies with no success. When I heard that Dr. Reecer was certified in BioTE® I was interested in trying this type of treatment. This treatment is dose-specific to what you actually need and continually releases the hormones into your bloodstream -- unlike the pills and creams.

I was having difficulty sleeping and had no energy. After my blood work was reviewed, Dr. Reecer inserted the pellet and within two weeks I felt like a different person! I feel younger and more alive than I have in years. I am happier and sleeping better. My energy level is amazing and I have my creativity and imagination back.

My family and friends have commented on the change in my attitude and appearance.

I am thankful I found out about BioTE and will continue this treatment. And, I highly recommend Dr. Reecer to women and men who want to feel young and alive again!”

- MS, 52 year old female, Fort Wayne, IN

Fort Wayne Physical Medicine

Fort Wayne Physical Medicine was started in 2000 by [Mark Reecer](#), MD FAAPMR, with the goal of providing the best Physical Medicine, Pain Management, and all-natural hormone replacement options in Northeast Indiana.



He has lectured extensively and has authored multiple publications that promote his specialty and the use of treatment modalities to eliminate pain, improve function and avoid surgery.

- Double Board Certified: Physical Medicine and Rehabilitation, Pain Management
- MD: Indiana University School of Medicine, Indianapolis, IN
- BA: Biology, Indiana University, Bloomington, IN
- Chief Resident: Ohio State University, Columbus, OH
- Voted Top Doc by his peers, Fort Wayne Business Journal
- BioTE® Certified Practitioner



[Julie C. Risley](#), MS PA-C, is a Physician Assistant at Fort Wayne Physical Medicine.

- MS: University of St. Francis University, Fort Wayne, IN
- BS: Physician Assistant Studies, St. Francis University, Fort Wayne, IN
- BS: Kinesiology, Indiana University, Bloomington, IN
- BioTE® Certified Practitioner

What WOMEN Need to Know About Hormone Replacement Therapy

Hormone Balance can
be Restored with



an All-Natural
Hormone
Replacement Therapy

Offered Exclusively by:



5750 Coventry Lane, Ste 101
Fort Wayne, Indiana 46804
260.436.9337 office
260.436.9626 fax

www.fortwaynephysicalmedicine.com

About BioTE®

Hormone balance is necessary for good health as you age. With BioTE® you can restore your hormone balance. Hormone replacement using pellet implants has been used with great success in the U.S., Europe and Australia since 1939.

Clinical studies during the past decade have proven the superiority of pellet therapy, and the remarkable impact it has had on the women who use it, without the side effects of synthetic drugs.

Hormone pellets are the only type of hormone replacement therapy that delivers balanced hormones 24 hours a day, 7 days a week for three to six months. Other delivery methods, like creams, patches and injections, cannot provide a steady delivery method of hormones 24/7.

For more information, go to:
www.bhrtvideos.com

BioTE® Certified

When considering pellet therapy, it's important to know that both Mark Reecer, MD, FAAPMR and Julie Risley, MS, PA-C have been trained by a BioTE® expert who studied hormone replacement therapy extensively, so you can be sure that your dose is appropriate for your specific needs.

Pellet Therapy

Bio-identical hormones are plant-based compounds that have the same chemical structure as the hormones created naturally in the body. Delivered in the form of a pellet, they provide a constant hormone level for months at a time.



Pellet therapy uses bio-identical, all natural estrogen and testosterone, delivered by tiny pellets inserted just under the skin. The pellets are the storehouse of hormones which the body can access as needed. Pellets deliver a consistent level of hormone and outperforms oral, patch and cream prescriptions with fewer side effects.

Getting Started

First, schedule an appointment for a consultation. At that time, you will be given a lab order form to have your hormone blood levels tested at a local lab.

Then, we will call you with your results. You will then make an appointment for the pellet procedure to be performed.

Benefits

Women can suffer symptoms of hormone imbalance as early as in their 30's.

The longer women go without the protection of estrogen or go without replacement therapy, the greater the risk of developing serious health problems, including:

- Osteoporosis
- Diabetes
- Heart Disease
- Many Cancers
- Impaired Vision
- Alzheimer's Disease

Women also benefit from bio-identical testosterone replacement therapy and can experience:

- Enhanced energy levels
- Less fatigue, improved sleep
- Controlled hot flashes
- Decrease in:
 - Depression
 - Anxiety
 - Irritability
 - Mood swings
- Increased mental clarity and focus
- Greater capacity to get your body back in shape and stay in shape:
 - Decreased body fat
 - Increased muscle tone and mass
- Increased libido, interest in sex